

The **CLARION**

Wesley **Methodist** Church 



Dec
2017

REGULAR WEEKLY MEETINGS AT WESLEY
Wesley Methodist Church, Elm Road, Leigh-on-Sea, SS9 1SJ

SUNDAY SERVICES	9. 00am	Holy Communion - second Sunday in the month
	11. 00am	Morning Worship - Communion as advised
	11. 00am	The Zone on Sunday
MONDAY	10. 00am	Wesley Art Group
	8. 00pm	Wesley Theatre Group
WEDNESDAY	9. 00am	Midweek Informal Communion on the 3rd Wednesday in the month
	10.00 - 11.30am	Parent and Toddler (School terms)
	6.00 - 9. 00pm	St. John Ambulance
THURSDAY	6.00 - 7.30pm	Fusion Kids (School Terms Yrs 1-6)
	6.00 - 7.30pm	Fusion Youth (School Terms Yr 6 plus)
FRIDAY	2. 00pm	Table Tennis 60+ (School Terms)

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Wesley Pre-School Jody French 07581 150978

Daily Coffee Mornings.

The church concourse is open every morning between 10am and 12 noon for our coffee mornings. Everyone is welcome and you can buy a tea or coffee and a slice of cake and meet your friends, or even make some new ones.

On some days there is someone on duty as a listening ear to offer help and support, so if you need some advice they will be able to point you in the right direction, or just simply listen to what you have to say.

FORTNIGHTLY MEETING

Talking Poetry alternate Wednesdays at 2. 30pm.

OTHER MEETINGS

Housegroup Meetings as advised

Minister: Rev. Julia Monaghan

1 Oakview Close, Leigh-on-Sea, Essex. SS9 4JN. Tel: (01702) 483827

Email:revjuliamonaghan@gmail.com

Children and Youth Worker: Jonathan Logan Tel 07852 905742

Mission Enabler for Older People: Julie Peek Tel 01702 479804

Lettings: Alan Severne Tel 01702 711851

lettings@wesleymethodist.org.uk

Church Steward: Isobel Wratishaw Tel 01702 557764

Church Council Secretary: Judy Taylor ccsec@wesleymethodist.org.uk

The Notices: Trudi Pipe notices@wesleymethodist.org.uk

Communications: Anna Wratishaw email

communications@wesleymethodist.org.uk



Twitter: @leighwesleyMC



Facebook: Leigh Wesley Methodist Church

Wesley Website: www.wesleymethodist.org.uk

MINISTER'S LETTER



Advent

The Christmas rush to get everything organised is on - card's written, gifts decided upon bought, food prepared, plans about whose turn it is to bring the pudding and sprouts. In four weeks it will all be over. In five, we will be making New Year resolutions. And in six weeks all the decorations will be back in the loft. We will move the furniture back to where it used to be and life will go back to how it was before. Or will it? Will we be changed?

If we take Advent seriously, I hope that we will be changed, because we will have opportunity again to reflect upon what it means to say that God came into the world, in the poverty and powerlessness of the birth at Bethlehem. And that God still comes into the world in all its mess and pain and longing and joy, and God longs for us to recognise him at work.

Really, if you think about it, Advent is a Godsend that widens our horizons, and makes us realise we actually hold "*dual citizenship*," of this world and of the kingdom in tension with one and other. It's very tempting for us to say that we aren't part of the commercialisation of Christmas, and to say that Christmas isn't all about that. But in a way it is. It's about God coming into the real world, not the neat and pretty picture of our Christmas cards. God comes into the real world that still needs "*mucking out!*"

Advent reminds us that the church has other themes to add to the celebration, things that we read in scripture, such as be ready; be prepared; repent; be awake; he comes! Advent then is a time of preparation and whatever else we are doing, we are reminded that there are only so many praying days left until Christmas. Prayer of course isn't just what we do in our prayer time, prayer is how we give.

our relationship with God a chance to flourish and develop. And just like all our other relationships it requires time.

Advent is the season that says, "Make time!" Find a space so that our understanding of God's love for us in Jesus, and our love for God through Jesus in response can grow. The culture around us might be saying forcefully, "Get on with it and don't wait for Christmas to hold the celebration." But Advent says, "Wait, reflect, be still, alert and expectant."

Some people find it helpful to have a focal point for their stillness, like a lit candle. Any candle will do. But I remember being given a special candle in my second year here, with the days marked on them, so that I didn't have any excuse for not remembering. And using that candle reminded me that before the invention of chocolate filled advent calendars and clocks, people used candles to measure time. Christmas it seems is bound up with time and eternity. We're celebrating God becoming involved in our world in Jesus, and God invites us to make time for him. Shopping days will eventually come to an end, but the point of the praying days is that we get into the habit of remembering God, who comes to us every day, and longs for us to respond with our love.

Wait! Be alert! Be prepared! Jesus is coming!

Rev Julia, November 2017

Advent Reflections for the Leigh Section

with Rev Julia Monaghan

Tuesday 5th December

2pm Highlands Methodist Church

We come once again to marvel on 'Emmanuel' God is with us.

CHURCH FAMILY NEWS

It was with great sadness that we learnt in the last few weeks of the deaths of two of our longstanding church family members.

Gordon Ladd died on Wednesday November 8th after having suffered a sudden stroke earlier in the year. Many people will have personal memories of Gordon and his death comes at a poignant time when we remember him in recent years reading from the church Book of Remembrance on Remembrance Sunday. Gordon's funeral was held on Wednesday 29th November at the Crematorium followed by a service of thanksgiving for his life at Wesley. Both services were led by Rev. Brian Gameson.

We were also sorry to learn of the death of **Doreen Wheeler**. We hadn't seen her recently at Wesley as she had been living away from the area, near to her family, but we remember her with great affection, particularly for running Leigh Wesley Nursery School (as it was then called) for many years. Doreen's funeral is on Monday 4th December at 2pm at Wesley followed by a service of Committal at the Crematorium.

Our love and prayers are with both families at this very sad time.

Congratulations

Along with other members of the Rayleigh Methodist church Puppet Messy church team Joe and Julie Peek attended the European Puppet and Creative Arts Festival 2017 held in Rugby at the end of Oct. Huge congratulations go to Joe who won 1st place in the Open competition and 2nd place in the "Lip sync" challenge. The theme of the Festival was "stepping out in faith" and we all returned home inspired and equipped with newfound puppetry skills and resources.

Molly Moss would like to thank all her friends at Wesley for their continuing support throughout the year and would like to wish them all a very Happy Christmas and a Peaceful New Year as she will not be sending cards this year.

Ruby-lee

Like buses helpful things come along together in twos. In November Clarion I put a notice about Ruby-lee's sponsored Wonder Wheels. However Steve Hockett has kindly agreed to do a sponsored run for the same purpose. Thanks Steve. You are invited to sponsor Steve to help Sarah Dawson to continue Ruby-lee's physiotherapy sessions, which are helping her progress. Sarah agreed that it would be better just to ask for sponsorship for one event. Sponsor forms are in the concourse.

Eileen Simmons

Update on Dr Alistair Sutcliffe (grandson of the late Rev Tom Sutcliffe)

This is what I have, very briefly, been up to...

Graduated with Honours in Medicine from Aberdeen University 1992

Successfully completed the ascents of the highest mountains on the seven continents, 2006, as follows: Aconcagua (Sth. America), Vinson (Antarctica) Denali (North America), Everest (Asia), Kilimanjaro (Africa), Carstenz Pyramid (Indonesia), Elbrus (Europe).

The so-called Seven Summits. I was the first person in the world to complete them all at the first attempt, and, in doing so, along with 98 full marathons and 268 half marathons, raised almost £500,000 for St Catherine's Hospice. Consequently, I was awarded The British Empire Medal (B.E.M.) by HRH The Queen in 2013.

In February 2009, on returning from Timbuktu via motorcycle, I suffered a near-fatal brain haemorrhage. I was in a coma for several weeks. During my recovery, I wrote my memoirs. Forwarded by Sir Chris Bonington, it was published by Bluemoose Books in May 2014. I pledged all of my royalties to St Catherine's Hospice again. It is a local hospice, and many of my patients at my Whitby Practice passed through their doors, and are greatly underfunded.

My book, called The Hardest Climb, is available worldwide, and has substantially added to the funds that I am able to give to the hospice. Unfortunately, the symptoms following the brain haemorrhage remain bad, forcing me into early retirement from the General Practice job that I loved so much.

I am, as you would probably expect, busy in retirement, giving talks and presentations worldwide on my climbs. I also restore vintage motorcycles, and sit on the Board at the hospice.

Well, there you go, a brief potted history of my activities, so that those in the congregation who know me can catch up. It also puts a character to the grandson of the late Rev Tom Sutcliffe, my grandfather. Kindest regards, Alistair.

Summertime Afternoon Tea & Cakes

Thank you so much for everyone who helped in any way to make these afternoons really enjoyable. It was marvelous to sample such a selection of delicious homemade cakes, So a big thank you to all the bakers.

My thanks to all who kindly volunteered to make refreshments and wash up afterwards, such a help thank you if you brought along a friend and stayed to talk and listen, that made all the difference. With your help we shall return in April 2018

Janet Whiddett

WESLEY NOTICES FOR THE MONTH AHEAD

Parent and Toddler will close on Wednesday, 13th December for the Christmas holiday and resume on Wednesday, 10th January, 2018 at 10.00am.

Table Tennis will close on Friday, 15th December for the Christmas holiday and resume on Friday, 12th January, 2018 at 2pm.

Wesley Theatre Group

Wesley Theatre Group are pleased to announce that they will be presenting the fairy tale of Sleeping Beauty as this year's pantomime on Fri Dec 1st at 7.30pm and on Sat 2nd Dec at 2pm and 6pm.

Pink Bags

If you have any surplus pink recycling bags at home Pam would very much appreciate them donated for Wesley church recycling. Many thanks

Christian Hope International

Charity Jumble Sale for Christian Hope International - February 17th 2018.
Please start saving your unwanted items for this worthy cause.

Thank you Pam and Viv

Christmas cards at Wesley

As in previous years, the Christmas card collection box will be in the concourse from the beginning of December.

Please post your cards in the box and give a donation for postage money to Jane or Geoff Fulford. **Please make sure that your cards have clear names and addresses.**

The cards will be available for collection after the morning service on Sunday 17th Dec. Any uncollected cards will be delivered. Volunteers to deliver uncollected cards will be greatly appreciated. Undelivered cards will be on a table at the entrance to the Church for the Carol Service and Christingle.

As usual, any money collected will go towards the very valuable work that Ian and Diana Bosman do in Ghana at Nkanfoa School.

Update on Traidcraft

I should like to thank everyone who has supported the Traidcraft stall over past years. As there is no one able to take on the running of the stall, this will be gradually phased out, however Jane Fulford will continue to purchase Traidcraft tea, coffee and sugar for use at the coffee mornings and other events.

Alison Newnham

Carol singing

This year, the carol singing will take place on **Friday 22nd December**. Meet in the concourse, **ready to leave at 6.00 p.m.**

We need as many voices as possible to bring the genuine spirit of Christmas to the residents of Leigh, accompanied by Paul on the accordion and anyone else who would like to bring an instrument.

Please bring a torch (to read the words!) Children are required to bring a responsible adult, but families are, as always, very welcome – the more the merrier! Please make sure you wrap up warm!

As in previous years, all monies raised will go to Action for Children.

The evening will conclude with what is sometimes mistakenly referred to as a quiz; plus soup, rolls, mince pies and coffee or squash. For details, contact Geoff or Jane Fulford.

The Zone Needs You!

At Wesley, we are incredibly blessed with a great group of children and young people, who inspire, engage and challenge us as leaders. The Zone runs a range of activities exploring various aspects of faith and Christianity. This requires at least 2 leaders per week – and we are currently running the rota with just 5 leaders. This simply isn't sustainable in the long run. On behalf of the Zone, could I ask you to consider how you may be able to support us? Whether this is leading a one-off session, or more regularly, there are a variety of ways you can be involved, so please do give this some thought. It is a great privilege to work with our children and young people, and an incredibly important part of the churches work.

Many thanks, Anna Wratishaw

Notice to all Church Groups re: Hiring of Rooms

As you all know Alan has taken over the lettings from Paul. As Alan is not a church member there are many activities that take place on a regular basis in various rooms that he is not fully aware of. Obviously Paul was at an advantage in this matter due to the time he has been at Wesley. In order to assist Alan and to avoid clashes and double booking it is vital that all Church Groups make sure that they book their requirements with Alan well in advance. He is now receiving requests for bookings as far ahead as October 2018. Your consideration in this matter would be much appreciated.

CIRCUIT NEWS

Thriplow Daffodil Weekend and Country Fair - Saturday 17th March 2018

Thundersley Methodist Church is running again, a trip to Thriplow Daffodil Weekend and Country Fair on Saturday 17th March 2018. The price is £20 which includes the coach and entrance. There will be a pick up at Highlands Methodist Church and then at Thundersley Methodist Church. More details to come.

Please let Anne Lane if you would like to come on 01268 755291 or annelane8@btinternet.com

Night Shelter 2017

The Night Shelter begins for the Leigh Section on Saturday 2 December. The other nights we are responsible for are all Saturdays 30 December, 27 January and 24 February.

We are always open to offers of help in various roles: dinner cook; befriender; overnight supervisor or assistant; breakfast caterer. Whilst we have cover in most of these roles for most dates, sometimes our people become unavailable through illness and other reasons, so we're glad to have back-up. In particular **we are struggling for breakfast caterers on these Sunday mornings: 10 December; 17 December; 7 January; 14 January; 4 February; 11 February; 4 March; 11 March**

The Sunday morning role involves getting out to Southchurch at about 06:30 on a Sunday morning, then serving and clearing away breakfast and helping to tidy away - about 2 hours work.

First point of contact: Janet Watson from Highlands Methodist Church
Tel 01702 555702 email wjwatson@googlemail.com

Also Andrew Hyde from Highlands Methodist Church
Tel 01702 473111 email andrewghyde@aol.com

Do get in touch if you can help. Or if not, please remember all the shelter volunteers, and especially all our guests, in your prayers.

WESLEY - RECYCLING

This month we bring you news of an ingenious piece of Wesley recycling and seek your thoughts on a further item that also needs a new home.



As Wesley began the updating of the church sanctuary last year, Dr Alistair Sutcliffe decided to recycle two of the swing doors. Dr Alistair's father Dr Norman Sutcliffe is a Wesley member and grandfather Rev Tom Sutcliffe was minister at Wesley from 1956 to 1961, so he was pleased to have a tangible reminder of the church with so much family history. Alistair has lived in Whitby for many years but his parents were married at Wesley in 1961, as was his sister in 1996, and his niece and nephews were christened here.

Alistair managed to transport two of the swing doors from the porch with the intention of using them in his dining room but the sizing was difficult so he and a friend made this lovely cabinet instead "every part of the cabinet is constructed from the recycled doors. It looks amazing in the flesh!" Alistair reports. Well done Alistair and thank you for keeping in touch with us.

Joan & Geoff Hawkins

(Please see church family news for an update from Dr Alistair Sutcliffe)

New home sought for oak panelling

At the time that the illuminated cross was installed, the entrance porch was refurbished. The oak wooden panelling that you would have seen when entering the porch was also installed. This is a reduced scale model of the oak panelling below the 'Last Supper Window'. The cost of the complete refurbishment of the porch area became a gift from two church members

With the creation of the new entrance despite trying we could not find a place for it in the refurbished sanctuary and it is stored. Bearing in mind fire regulations in corridors if you have any suggestions as to where you might like to see it go elsewhere within the church please let me know.

Also if you would like to have the panelling please let me know.

Failing either of these options at the end of December we will begin discussions with architectural salvage firms

Richard King

WESLEY CELEBRATES 120 YEARS WORSHIP AND SERVICE

On March 4th 2018 we shall have a special service to celebrate 120 years and during 2018 we hope to celebrate various aspects of life at WESLEY.

Having consulted Keith Charnock about the appropriate date for the service we now need to consult the Wesley family for ideas. Do please contact me with your ideas and they can be passed on to the Leadership team. I am simply happy to receive your suggestions. We shall need to self-fund any events and indeed some may be fund raising.

Some of you may wish to organise reunions of earlier groups?

Gift Day will take place in June as normal.

One of my ideas is to have stories written for the CLARION by members of our WESLEY FAMILY ABOUT THEIR EXPERIENCES. I would love to learn more about our church in this way. Please talk to me if you are willing to join in.

Leadership team will discuss further in the New Year.

Eileen Simmons



TIME FOR HEALING

The next Time for Healing Prayer Group will be held on December 9th between 11.30am - 12.30pm. Meetings are typically attended by six to ten people with the majority often being from outside our usual church membership. The format usually includes prayers of thanksgiving and intercession, together with a short meditation on the theme of healing and occasional testimony. This is followed by the opportunity for private prayer with one or more of the group leaders. It is open to anyone, so please come and join us if you can, and give, receive, or just take much needed time out. Future meetings are planned for the following dates:

- Saturday 20th January
- Saturday 24th February

We hope to see you there.

The meditation used at the November meeting was as follows:

Remembrance, Memories and Brokenness

***“They shall grow not old, as we that are left grow old:
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning
We will remember them.”***

(Taken from “For the Fallen” by R L Binyon (1869-1943), published in The Times on 21st September 1914.)

At this time of the year, on Remembrance Sunday, we rightly remember all those who lost their lives in the conflicts of the past century or so; honouring the sacrifice of those who “for our tomorrow gave their today”.

However, for some of us there may be other memories, which we feel are best forgotten. They could be memories of past hurts or abuse, memories of dark times or great sadness. There may be people and events or experiences which took us to the limits of our endurance, or left us bereft of any good feelings. Things which have contributed to how we see ourselves today and which we may find it difficult to overcome. "Forgive and forget", they say but it's not always that easy is it?

It's at these times that we can turn to God and seek divine help to overcome our feelings about the effect these memories have left within us. We need God's help and healing in our lives to help us cope with these ever present thoughts and inner feelings – all the stuff that no one else can see. We can, through Jesus, claim God's protection and healing rather than relying on our own strength.

Psalm 46:1

"God is our refuge and strength, an ever-present help in trouble"

Luke 7:47

"Therefore, I tell you, her many sins have been forgiven - because she loved much. But he who has been forgiven little loves little"

Ephesians 4:32

"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."

(Taken from The Holy Bible – New International Version)

How does God work with us to help us overcome the effects of our past? That will be different for each one of us! It may indeed entail forgiveness of another for their actions, or inaction, because, when we harbour our resentments, we continually reinforce our negative experiences. It may also require forgiveness of ourselves for those actions where we really had no choice and where we could not have anticipated what would follow from what we did or did not do. It's important to see that we are not to blame for the way others may have behaved towards us. We should remember that where we have sought God's forgiveness in true repentance the matter is settled once and for all. Further, although we know we should forgive others for their actions, this does not mean that we should shy away from recognising injustice or bad behaviour. We must still confront these things but should try to do it in God's way and God's time, using the divine strength to help us. It's never easy to deal with past hurts, especially if we felt powerless to do anything about it at the time.

What we can do is come to God with our hearts open and ask for healing, wholeness and the gift of forgiveness so we can be delivered from our harmful feelings and memories.

O God, I cannot undo the past.

I ask You, humbly, from the bottom of my heart:

Please, God, would You write straight on my crooked lines?

Out of the mistakes and hurts of my life, both mine and others, will you make something beautiful for me and You?

Teach me to live at peace with You, to make peace with others, and even with myself.

Give me fresh vision.

Let me experience Your love so deeply that I am free to face the future with a steady eye, forgiven and forgiving, and strong in hope.

Amen.

(Adapted from "A prayer in brokenness" – in Celtic Daily Prayer from the Northumbria Community)

Terry Harper

STREET SPIRIT SOUTHEND

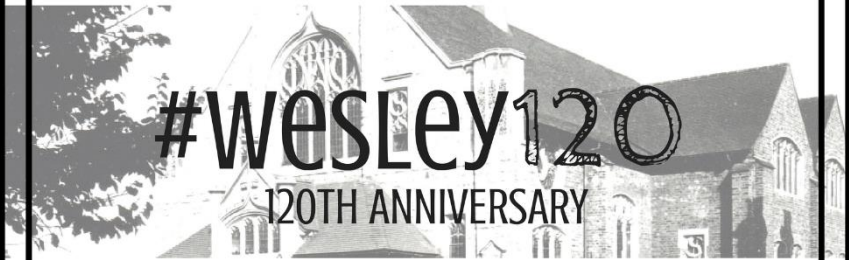
This group has been set up to help those who, for whatever reason, find themselves having to sleep rough on the streets of Southend. They are a non-religious, non-political group of volunteers aiming to provide food, blankets, clothing and toiletries, time and friendship to those who need it.

They meet in Clarence Road car park at 7pm every Saturday night. They used to go out along the high street in search of rough sleepers, but word got round amongst the homeless community and now they go to them. They can stay for a chat and have a hot drink, meal and a selection of snacks, and also take away with them cold drinks, fruit and breakfast items.

Following the official opening of the new sanctuary in January, we took the extra food we had available down to Clarence Road where it was very gratefully received. The group are currently looking for people to make a small batch of sandwiches once a month to supplement the hot food. We thought that if sufficient people from Wesley volunteered we could create a rota. If you feel called to help, please contact either Isobel or Anna Wratishaw.

A YEAR OF CELEBRATION

28th OCTOBER 2017 - 27TH OCTOBER 2018



CELEBRATING THE 120TH ANNIVERSARY OF
THE FOUNDING OF THE CHURCH (1897)
AND OPENING OF THE CHAPEL-SCHOOL (1898)

Details of upcoming events to mark this
anniversary year coming soon!



Leigh Wesley Methodist Church



@leighwesleyMC



www.wesleymethodist.org.uk

#WESLEY120



- By the time you read this we shall have welcomed people to Wesley on the evening of Leigh Lights. Jane Fulford had the brilliant idea of collecting for the Foodbank that evening. The need for the Foodbank continues to increase so please keep giving. It would be lovely to include Christmas treats as well as the staples in our donations.
- The Zone have chosen the National Autistic Society as their charity for Christingle.
- The collection for the Carol Service on December 17 at 6pm is for SHELTERBOX and the Midnight Communion on Christmas Eve collection is for Barnados, but we are pooling then dividing equally between the two charities.
- If any of our regular groups, who meet at Wesley want to donate that would be welcomed.
- Please see Family news for Ruby-lee update.

Eileen Simmons



Illustrated by Trudi Pipe

FLOWER ROTA FOR DECEMBER

3rd Dec	Flowers in loving memory of Gordon Ladd given by his family.
10th Dec	No donor.
17th, 24th, 31st Dec	Flowers given by David Johnson in loving memory of his parents Lou and Margaret and his brother Michael.

Thank you to Margaret Buckey and her family for providing the Advent Candle arrangement placed on the font in loving memory of David.

MONTHLY MOVIES @ WESLEY

I hope you have all enjoyed my 2017 Movie selection. We have journeyed through "The Hundred Foot Journey" in January through to "The Way" "Summer Holiday" and many more super films besides completing the season with the Remembrance film "Testament of Youth". We made a collection in November with £21.30 being donated to British Legion Poppy Appeal.

Thank you for your support and I look forward to seeing you all back in January with a full new programme for 2018.

Julie Peek
Mission Enabler for Older People
Wesley & Highlands Methodist churches



Prayer Diary Thank you



As we come to the end of the year it is appropriate to say THANK YOU to all the anonymous contributors to the monthly Prayer Diary for the Clarion. Prayer should be an important part of any Christian community and the creation of the Prayer Diary evokes spiritual thought for the writer and the readers.

This month the writer has been inspired by a spiritual writer; Joyce Huggett in her books *All through the Year*, *Approaching Christmas*, *Listening to Others*, *Listening to God: Hearing His Voice*, *The Smile of Love*, *God's Springtime* and *Creative conflict – How to Confront and stay Friends*.

I hope the readers experience comfort, peace, love as well as hope for the future and on occasions a challenge to deepen their faith or to do something in faith for others.

If anyone would like to be a contributor the easiest month is February as there are only 28 days and the theme is usually love. For July and August there are usually only nine prayers as we offer a weekly prayer. That said any format is welcome if it will fit on 2 sides of an A4 sheet so be inspired and write of Christ.

Thank you all again.

Jane Fulford

HELPING HANDS

The following contacts from our wider church family may be able to help if you are struggling with housework, gardening or odd jobs?

Painting, decorating & Odd Jobs
Dog walking

Mark Wiltshire
Freya

01702 475089
07771 643665

Tips for supporting people with dementia at Christmas

Given by carers and families of people with dementia and compiled by
Alzheimer's Society

IN THE HOME

Get everyone involved: There are many Ways to involve people living with Dementia at Christmas time – from something as simple as handing a bauble on the tree to doing a spot of Christmas shopping. The important thing is to remember to make sure they are Included.

Slowly does it:

Introduce the Christmas environment Slowly. Think about putting up Decorations gradually over a few days so It doesn't come as a big change to the person's usual setting.

Bring back old memories: Whether it's An old song they used to enjoy or a classic Christmas film, find something fun you Can take part in. Making a family photo Album or memory box could be a nice Way to spend time together.

Don't over do it: Someone with Dementia may feel overwhelmed by Lots of noise and unfamiliar people around, so try and keep visitors to a few at a time. Schedule periods of rest throughout the day or have a quiet room they can retreat to in case things become too much.

IN THE COMMUNITY

Musical events: Try to include people with dementia when attending carol services, as singing carols is a great joint activity and can bring back lovely memories.

Accommodate: If you are organising a party or event, have a quiet room set aside and make Sure facilities are clearly labelled. Knowing Where to go will really help someone with dementia feel more confident.

Be patient: It's easy to get caught up in all the hustle and bustle of Christmas, but if someone seems confused or is taking a bit longer to do Something, take a breath and be patient.

Christmas shopping: With a bit of planning, Christmas shopping doesn't have to be too stressful. Shop in the morning when it's quieter and you can take your time. A number of major retailers now have employees who are Dementia Friends in store, including our friends at Waitrose, Leigh on Sea. So look for the badge and don't be afraid to ask for help.

Become a Dementia Friend: By wearing your Dementia Friends badge with pride whilst out and about this Christmas, you will make a big difference by showing your support and understanding to those affected by dementia.

Christmas can be a very stressful time, so don't bottle it up.

Alzheimer's Society Helpline is a place to ask advice tel 0300 222 1122

TEL: 01702 345373

**Age Concern Community Club
Wesley Methodist Church Elm Rd Leigh
Tuesdays 2 – 4pm Dates for the Diary**

Tues 5 th Dec	Quiz and Games Wesley
Tues 12 th Dec	Carol Service mince pies and tea. Lancaster school visiting Wesley
Tues 19 th Dec	Christmas Lunch Arlington Rooms 1pm– 4pm - £15 per ticket
Tues 26 th Dec	No Club
Tues 2 nd Jan	No Club
Tues 9 th Jan	Quiz and Games Wesley
Tues 16 th Jan	Speaker David Norman former Mayor of Southend
Tues 23rd Jan	Fish & Chip Lunch – Fish 2 Go – Elm Road, Leigh 12.30 Price tbc
Tues 30 th Jan	Quiz and Games Wesley
Every 3rd Tuesday of the month we have lunch out Club closed	



AGE CONCERN COMMUNITY CAROL SERVICE

2.30pm Tuesday 12th December

All are welcome to attend our community carol service.

Please join us after for festive refreshments.

Kind regards,

Miki, Age Concern Southend

tel: 01702 345373

SUNDAY 3rd DEC

TOY & GIFT SERVICE

	11.00am	Preacher: Rev Julia Monaghan Porch: Linda Lister
Mon 4th	10.00am	Wesley Art Group
	2.00pm	Funeral – Doreen Wheeler
Tues 5th	12.30pm	Age Concern Community Club
	2.00pm	Advent Reflections at Highlands Methodist Church
Weds 6th	10.00am	Parent & Toddler
Thurs 7th	6.00pm	Fusion Kids/Fusion Youth
Fri 8th	2.00pm	Table Tennis 60+
Sat 9th	10.00am	Coffee Morning
	11.30am	Time for Healing

SUNDAY 10th DEC

NATIVITY

	9.00am	Communion
	11.00am	Preacher: Mr Sam Monaghan Porch: Richard King
Mon 11th	10.00am	Wesley Art Group
Tues 12th	2.30pm	Age Concern Community Carol Service
Weds 13th	10.00am	Parent & Toddler
	2.30pm	Talking Poetry – “Christmas”
Thurs 14th	6.00pm	Fusion Kids/Fusion Youth
Fri 15th	2.00pm	Table Tennis 60+
Sat 16th	10.00am	Coffee Morning
	11.30am	Time for Prayer

SUNDAY 17th DEC

	11.00am	Preacher: Pastor Stephen Mayo Porch: Helen Boyd
	6.30pm	CAROL SERVICE Preacher: Rev Julia Monaghan
Mon 18th	10.00am	Wesley Art Group
	2.00pm	Memory Worship; Worship for those with and without Dementia
Weds 20th	9.00am	Midweek Communion – Wesley
Sat 23rd	10.00am	Coffee Morning
	11.30am	Time for Prayer

SUNDAY 24th DEC CHRISTMAS EVE

	10.30am	UNITED SERVICE AT HIGHLANDS METHODIST CHURCH
	4.00pm	Christingle Service Service led by Rev Julia Monaghan Porch: Charnock family
	11.15pm	Christmas Eve Communion Preacher: Rev Julia Monaghan Porch: Anna Wratlslaw

MONDAY 25th DEC CHRISTMAS DAY

	10.30am	Service led by Mrs Jane Fulford MA Porch: Miriam Gifford
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SUNDAY 31st DEC NEW YEARS DAY
UNITED SERVICE AT BELFAIRS
METHODIST CHURCH

	11.00am	Service led by Mrs Jane Fulford MA
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FORWARD EVENTS

Sat 6th Jan

4.00-5.00pm

next FUSION Family

Sat 17th Feb 18'

Christian Hope Int'l

Jumble Sale

FUSION
New!
TALK
Family
Once a Month
Saturday 4 - 5pm
SONGS
FOOD
4th November, 2nd December,
6th Jan, 3rd Feb, 3rd March.
Wesley Methodist, Leigh on Sea. 07852905742

JANUARY CLARION

Items for the Jan Clarion should be emailed to julie.peek@hotmail.co.uk
or placed in the folder outside the vestry by **SUNDAY 17th DEC 2017**



Wesley Methodist Church is a member of **Southend and Leigh Circuit**

www.southendandleigh.org

and part of the

Beds, Essex and Herts District the Methodist Church

A dementia-friendly community is a city, town or village where people with dementia are understood, respected and supported and confident they can contribute to community life.

