

REGULAR WEEKLY MEETINGS AT WESLEY Wesley Methodist Church, Elm Road, Leigh-on-Sea, SS9 1SJ

SUNDAY SERVICES	9. 00am	Holy Communion - second Sunday in the month
	11. 00am	Morning Worship - Communion as advised
	11. 00am	The Zone on Sunday
MONDAY	10. 00am 8. 00pm	Wesley Art Group Wesley Theatre Group
WEDNESDAY	9. 00am 10.00 - 11.30am 6.00 - 9. 00pm	Midweek Informal Communion on the 3rd Wednesday in the month Parent and Toddler (School terms) St. John Ambulance
THURSDAY	6.00 - 7.30pm 6.00 - 7.30pm	Fusion Kids (School Terms Yrs 1-6) Fusion Youth (School Terms Yr 6 plus)
FRIDAY	2. 00pm	Table Tennis 60+ (School Terms)

Wesley Pre-School Jody French 07581 150978

Daily Coffee Mornings.

The church concourse is open every morning between 10am and 12 noon for our coffee mornings. Everyone is welcome and you can buy a tea or coffee and a slice of cake and meet your friends, or even make some new ones.

On some days there is someone on duty as a listening ear to offer help and support, so if you need some advice they will be able to point you in the right direction, or just simply listen to what you have to say.

The Traidcraft Stall is open 10am till 12 through the week and on Sunday, giving you the opportunity to buy fairly traded goods.

FORTNIGHTLY MEETING

Talking Poetry alternate Wednesdays at 2. 30pm.

OTHER MEETINGS Housegroup Meetings

as advised

Minister: Rev. Julia Monaghan

1 Oakview Close, Leigh-on-Sea, Essex. SS9 4JN. Tel: (01702) 483827 Email:revjuliamonaghan@gmail.com

Ministerial Co-Worker: Anne Lane Tel 01268 565644 Email: annelane8@btinternet.com

Children and Youth Worker: Jonathan Logan Tel 07852 905742

Mission Enabler for Older People: Julie Peek Tel 01702 479804

Administrator: Paul McDowell. Tel 01702 711851

Wesley Website: www.wesleymethodist.org.uk

Twitter: @leighwesleyMC Facebook: Leigh Wesley Methodist Church





MINISTER'S LETTER

Women's World Day of Prayer



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The Women's world day of prayer (WWDP) is unique. It is the largest ecumenical movement in the world, being the only one where Orthodox, Protestant, Catholic and Evangelical Christians come together to worship and pray for mission. The movement's particular focus is upon the experience of women and children throughout the world. That they might experience the love of God, through a relationship with Christ and that awareness might be raised in terms of women's experience of conflict and discrimination.

The origins of WWDP date back to the 19th century, when Christian women in the USA and Canada initiated a variety of cooperative activities in support of women's involvement in mission at home and abroad. The vision was one of building unity across denominations, with a focus upon the social issues of the day. In 1928, a woman from Scotland called Grace Forgan learned of WWDP and the first services were held in the UK from 1930 onwards. The Second World War was a time of great growth, drawing women together in prayer and fellowship. The reforms of the second Vatican Council enabled Catholic women to take part for the first time in the late 1960s. Today there are over 3000 branches of WWDP across the UK holding over 5000 services.

Each Country has its own national committee and is part of a regional grouping. Every 4 years representatives of these national committees gather in a different area of the world to share experiences of the WWDP; to select themes and writers for the worship services; to make grants to committees and projects that are in real financial need; and finally to consider ways the movement might grow. The last meeting was held in June 2012 in America, where Corinna Harbig of Slovenia was elected as the next president of the movement, along with the countries that over the next 5 years would draw together the material for each year's service.

So on **Friday 3rd March at 9.30am** the Leigh section will be joining with our ecumenical partners within the town, to enjoy a time of worship and fellowship at St Clements, with a service drawn together for us by Christian women from the Philippines. The theme of the service is "Am I being Unfair to You?" It will have been translated into 1000 different languages and dialects, to be used through out the world. The first service will begin at sunrise in the island of Samoa and continue until sunset off the coast of American Samoa.

In 2013, Typhoon Haiyan, struck the Philippine Islands in the western Pacific Ocean. This will be talked about in the service, but you will also hear of a girl, a mother and

an older woman, recounting their situations and their hopes and fears. The service focuses on the bible story of the workers in the vineyard (Matthew 20:1-16) and there will be reflections on the artwork of Rowena Laxamana-Sta. Rosa, who designed the poster at the top of this article.

WWDP always prides itself in saying that it's not just for women and that all are welcome. So come along. Meet new friends, catch up with some old ones, have your consciousness raised and hear about God at work within the Philippines, knowing that your contribution of prayer, makes a difference in bringing about transformational change within God's world.

Rev Julia Monaghan

Prayers

Lord, forgive us, for we are fragmented persons.

We go many directions at once.

We seek opposite goals; we serve contradictory causes.

We mouth liberation, we live oppression.

We shout peace, we practice violence and anarchy.

We shout justice, we walk in injustice.

We preach love, we practice hate.

Through your compassion have mercy upon us and make us whole.

Enable us to discern your voice among the dissonant voices.

What does the Lord require of us? National Council of the Churches of the Philippines

God of power. God of People.

We are the life of all that lives, energy that fills the earth,

vitality that brings to birth,

the impetus towards making whole whatever is bruised or broken.

In you we grow to know the truth that sets all creation free.

You are the song the whole earth sings,

the promise liberation brings,

now and forever.

Amen

Miriam Therese Winter: "Women Prayer, Women Song"

Medical Mission Sisters

CHURCH FAMILY NEWS

Rev Alan Ogier; Minister at Highlands from 1981 to 1991 passed away on 22nd January following a long illness. Alans funeral tool place at Reigate Methodist church on Monday 6th February.

Iris Reynolds; a local preacher in the old Southend circuit was a resident of Westerley for many years, having moved there when she was but 64 years of age. She died in December after years of being confined to her bed. Her funeral took place at SouthendCrematorium on Friday 10th February.

WESLEY NOTICES FOR THE MONTH AHEAD

Quiet Day @ Wesley

10.30am-3.30pm, Saturday 11th March Walking with God – A Spiritual Reflection. Sign up on the sheets in the Concourse.

Car Park Tickets

Car Park tickets for 2017 are now available - see Peter Lister.

Sound rota

We could do with more people on the sound desk rota at weekly services, so if you are interested please see Geoff Nash or one of the stewards. Training will be given.

Clarion collators

Thank you very much to our band of Clarion collators that tirelessly compile our church magazine each month. We are always looking for additional recruits so if you would like to be added to this rota please speak to Paul McDowell in the office.

LENT COURSE

There will be a lent course running through March and into April. The topic for the course is 'Receiving Christ.'

The course will be held at Wesley Methodist Church in the sanctuary at 2 pm.

March 7th – Receiving Christ: as children of God

March 14th – Receiving Christ: in the stranger and the needy

March 21st – Receiving Christ: in Holy Communion

March 28th – Receiving Christ: through prayer and fellowship

April 4th – 'Christ in you, the hope of glory' (Colossians 1:27)

All are welcome.



LEIGH CHURCHES TOGETHER NOTICES

Daffodil Day, Monday 6th March, Westminster Central Hall

Daffodil Day will soon be here! Lesley Taylor has organised a coach which will leave Highlands Methodist church at 10.30am and Thundersley Methodist church at 10.45. The cost will be £12 each. Please let Lesley know asap if you would like a seat on the coach. Her contact details are phone 01268 754633, mobile 07891 787660,

Women's World Day of Prayer

Friday 3rd March, St Clements Church 9.30 – 11.30am

Activate, a programme of refreshment for women

We warmly invite you to our 2017 events.

Lunches are held in The Stables, Chalkwell Park Drive, Leigh-on-Sea at 12.30pm Weds 15^{th} March (lunch £12)

PETULA HABERSHAW – having spent years of ill health, wheelchair bound. Petula experienced miraculous healing. She is now well and walking tall by the grace of God. Hear her remarkable story.

For all chargeable events, please pre-book (by the Monday morning prior to the event) with Alison (621343) or Mary (710893)

Thriplow Daffodil Trip - Saturday 18th March

I am running on behalf of Thundersley Methodist Church, a trip to Thriplow Daffodil Weekend on Saturday 18th March - the price is £18 which covers the coach and entrance fee to the village. Many items including stalls, gardens open to look round, flower festival, bell ringing, Morris dancing, organ music and of course food and drink and much more.

We are hoping to make a small profit to go towards the funds for the Foyer Extension Project at Thundersley Methodist Church, when once built will be used for the community.

Please let me know if you wish to book any places by the 25th February on 01268 755291 or annelane8@btinternet.com



LEIGH SOCIETY MEETING AT WESLEY

Wednesday 22nd March at 7.30pm

The Rev Canon David Tudor born in Barbados and now based on Canvey Island is giving a talk on his extensive knowledge of slavery in the sugar plantations. This should be a very interesting talk.

All Welcome

Entry £3 for non-members

Margaret Buckey



Anna Wratislaw does a superb job leading our work with the Southend Foodbank. She kindly agreed to write an article for this month's Wesley Charity news to give us details of this very valuable work (read Annas Foodbank report on page 11) We are all invited to support the collections.

We had a wonderful afternoon on January 28th and the hospitality offered was delicious. There was a surplus and this was taken to Street Spirit, a soup kitchen that runs in Southend on a Saturday night and was very gratefully received.

At the time of writing Pam and her team are working incredibly hard preparing for the annual jumble sale for Christian Hope International this Saturday and you can read all about it on page 10.

Eileen Simmons

FLOWER ROTA FOR MARCH

5th	Flowers given by Joy Watson in loving memory of her parents, Stella andLeslie on the occasion of the St John's EnrolmentEvening andpresentation of awards on 1 st March.Evening and
12th	Flowers given in loving memory of Alan Moss and his granddaughter Kate Evans by Molly and Liz and Ray and their family.
19th	Flowers given by Rupert and Janice Bertie in loving memory of Rupert's father Edwin and brother, Charles and Janice's brother Adrian.
26 th	Flowers given in loving memory of Arthur Jarvis by Annette and the family.

CHRISTIAN HOPE INTERNATIONAL 2017 JUMBLE SALE

Didn't we have a lovely time the day we went to Wesley? The weather was fine and plenty of goods to buy and try and what about the food and drink; the very best in Leigh!

So, we need to thank the fairies in the kitchen and the elf with the marigolds and all the jumble staff for making the jumble sale a great success. With all your help we raised £1346

for Christian Hope International this year. The money will be used for supporting a water and irrigation project in Kaleere, Uganda.

So thank you all,

Viv and Pam

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SOUTHEND FOODBANK

As a church we make regular donations to a number of local organisations tackling poverty and homelessness in the town; you may have seen the donation bins by the kitchen, which are for HARP, the Winter Night Shelter, and Southend Foodbank. The church has donated our harvest gifts to the foodbank over the last few years, but we also make donations throughout the year. Our volunteer drivers are on a 2 week rota to deliver donations and it amazes me how quickly the bins fill up again!

Southend Foodbank has grown since its inception in 2013, changing its name from 'Southchurch Foodbank' to 'Southend Foodbank' to mark its greater reach and reflect its wider need. The foodbank has a warehouse in Southchurch Road, and different distribution centres open each day at varying times for voucher holders, who have been referred through a number of local agencies. Currently, the distribution centres run from Belle Vue, Hawkwell, Ferndale, Shoeburyness & Thorpe Bay and West Leigh Baptist Churches, Crowstone St George's URC and Great Wakering Methodist Church. A new distribution centre was also recently opened at Earls Hall Baptist Church. The following information is taken from a recent post on the Foodbank's facebook page.

"During the period from April 2015 to the end of March 2016, 1211 vouchers were redeemed across these distribution centres, representing 3 days' worth of emergency food for 2972 people in Southend. This was almost exactly the same number of people as the previous year. Referrals to the foodbank during 2015/2016 were predominantly because of benefit delays, low income, benefit changes or debt. Food was provided from a range of groups and organisations: churches, schools, supermarkets and local businesses, including two 3-day collections at Tesco Supermarket as part of the national partnership with the Trussell Trust. Over this year period, 31.1 tonnes (31,125kg) of food was donated, and 29.9 tonnes (29,867kg) was distributed. Of the donations, 23% came from supermarket collections, 9% from donations around Harvest time, and 68% from normal weekly donations. ****** Your donations really do make a difference*******

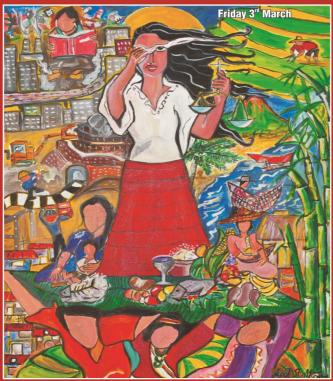
If you are able to consider making regular food donations to the foodbank it is always greatly appreciated; as we prepare as a church to start 40 Acts of Kindness during Lent, perhaps this could form part of your own 40 Acts? Or perhaps you'd like to volunteer at the foodbank? Please get in touch if you feel this is something you are able to offer. A list of the currently most needed items is posted above the donation bin in the concourse. All donations are very gratefully received.

Thank you.

Anna Wratislaw

Women's World Day of Prayer St Clements Friday 3 March 2017 9.30 – 11.30am

WORLD DAY OF PRAYER-2017



Am I Being Unfair to You ?

Prepared by : World Day of Prayer Committee - Philippines Contextualized & Promoted by : All India Council of Christian Women - NCCI

Prayer Diary – 1st–31st March 2017

Subject: Giving praise and thanks to the Lord

- 1st Wed O Father Your Word strikes deep into my soul. I hear Your call to rebuild and I respond. Today I will take the first steps towards doing this. Please help me, Dear Father. (Selwyn Hughes, Every day with Jesus, 2007). Dear Lord, just as you have encouraged and given us the vision and strength to go out and rebuild Your Church here in our community, please remain our rock and foundation as we seek to build our lives in a way that pleases You. In Jesus' name. Amen.
- 2nd Thurs I am with You always, even to the end of the world. (Matt 28, 20 King James Version (KJV). Lord, during those times we feel friendless, isolated and all alone, help us to remember that even in our deepest and darkest moment, You are there with us and it is You who carry our heavy load. For this Lord, we thank you. Amen.
- 3rd Fri Blessed are the peace makers, for they shall be called Sons of God. (Matthew 17:20)
- 4th Sat Behold I stand at the door and knock. If any man hear My voice and opens the door, I will come in to him and dine with him, and he with me. (Revelation 3:20). Lord, here I am! I stand here with nothing to offer, but a sinful heart. I ask You to take me and mould my soul into someone worthy to sit and dine at Your table. Amen.
- 5th Sun Lord Jesus, while I rejoice that You are the central character of scripture, I am more thankful still that You are the central character in my life. Without You, life would not be worth living. Amen. (Selwyn Hughes, Every day with Jesus, CWR)
- 6th Mon As long as it is day, we must do the works of Him who sent me. (John 9:4). Father God, we thank You with all our hearts for this beautiful Church you have given us. We give thanks for our Minister, Leadership Team, Stewards, Church Members and all those involved in doing Your good works in creating a new space within which all are welcome to share and do Your will. Forever, and ever Amen.

- 7th Tues My Father and my God, Help me to understand that I live in a fallen world, and that though evil and disease are not part of Your good purposes, I have to live with them. Teach me how to accept the things I cannot change. In Jesus' name. Amen. (Selwyn Hughes, Every day with Jesus. CWR 2016)
- 8th Wed To all who received, to those who believed in His name, He gave the right to become Children of God – Children born not of natural descent, nor of human decision or a husband's will, but born of God. (John 1:12-13). Lord, we thank You for giving us the right to be called Your Children. Amen.
- 9th Thurs If anyone is in Christ, he is a new creation; The old has gone, the new has come. (2 Corinthians 5:17 in Footprints for Men, 2004)
- 10th Fri Come, Lord, Jesus, into the midst of our violence and fear, to remind us again of the depth of God's love and free us to be party to Your transforming reign. Amen. (Malcolm Atherton, The Methodist Church Prayer Handbook, 2016/2017)
- 11th Sat Loving and compassionate God, we thank you that, in Jesus, we see Your care and concern for all people in action. We pray that we may follow Your example and, through Your Holy Spirit, we may offer that love to others, especially those in need. (Joyce Pipet Methodist Prayer Handbook 2016/2017)
- 12th Sun Break down the wall, O God, Break down the dividing wall. Be our peace and make us one. One Group, One Family, One people. Muslim, Christian and Jew, together and free in You. Amen. (Elspeth Strachan, EAPPI. Based on Ephesians, 2,14.)
- 13th Mon If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness, (1 John 1:9)
- 14th Tues Draw near to God and He will draw near to you. (James 4:8)

- 15th Wed Lord, I pray You would give me Your wisdom and understanding in all things. I know wisdom is better than gold and understanding better than silver. (Proverbs 16:16)
- 16th Thurs Lord, You are King and Lord over all my life. I surrender everything I have to You because I recognise that every good thing I have has been given to me by You as a sign of Your goodness, mercy and love. (James 1:17)
- 17th Fri The Lord is my strength and my shield; my heart trusted in Him, and I am helped; therefore my heart greatly rejoices, and with my song I will praise Him. (A book of Prayer, Stormie and Omartian 2006, Psalm 28:7)
- 18th Sat Let Your light so shine before men, that they may see Your good works and glorify Your Father in Heaven. (Mathew 5:16)
- 19th Sun Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths. (Proverbs 3, 5.6). Lord, in You we place our trust. Thank You for sending Your Son, Jesus Christ, to be our Saviour in a world full of hopelessness and despair. Amen.
- 20th Mon If you have faith as a mustard seed, you will say to this mountain, move from here to there, and it will move; and nothing will be impossible for you. (Matthew 17.20)
- 21st Tues There is a way that seems right to a man, but its end is the way of death. (Proverbs 14:12). Lord, help us to understand the importance of following Your way, if our way is not to end in disaster. Amen.
- 22nd Wed They cried out to the Lord in their trouble and He delivered them out of their distress. (Psalm 107:6). Lord, even though we cannot see you, we know that in silence and the roaring thunder, You are in our presence. You are the still voice of calm. Amen.

- 23rd Thurs Thank you, Lord, for Your Passion shown to us in The Servant Christ. We praise You, Holy Spirit, for stirring, calling and inspiring us to engage with You in renewing Your Church to be fit for Your purpose to serve the present age and for future generations to come of your Majesty. Amen.
- 24th Fri Even to Your old age, I am He, and even to grey hairs I will carry you.....I am God and there is no other. (Isaiah 46, 4&9)
- 25th Sat Lord, I come into your Holy Place. Stand in awe of Your cleansing grace. Who am I, that You would care for me? I glorify the One who died for me. (Shaun Griffiths, Songs of Fellowship)
- 26th Sun Today, On Mothering Sunday, we thank you Lord for the unconditional love of mothers everywhere. You have given mothers who have kept us safe, secure and loved from the moment we are born and throughout our life. For their selfless sacrifice, we ask Your continued grace and blessing to all mothers.
- 27th Mon The Son of Man did not come to be served but to serve, and to give his life a ransom for many. (Mark 10:45). We thank you heavenly Father that You loved us so much, You sent Your One and only Son to die for all mankind. Amen.
- 28th Tues Dear Lord, lead me to make choices that bring You glory and allow me to experience the life You intended for me to live. In Jesus' name. Amen.
- 29th Wed Look back and Thank the Lord, look forward and Trust God. He closes doors no one can open and open doors no one can close. Amen.
- 30th Thurs Thank you Lord for this beautiful day, for opening my eyes and ears to see and hear the goodness You have left here for me. Amen.
- 31st Fri I am Blessed every day of my life. I am Blessed when I wake up in the morning till I lay my head to rest. Every day of my life I am Blessed. Thank you, Heavenly Father. Amen.



TIME FOR HEALING

The next Time for Healing Prayer Group will be held on March 18th between 11.30am - 12.30pm. Meetings are typically attended by six to ten people with the majority often being from outside our usual church membership. The format usually includes prayers of thanksgiving and intercession, together with a short meditation on the theme of healing and occasional testimony. This is followed by the opportunity for private prayer with one or more of the group leaders. It is open to anyone, so please come and join us if you can, and give, receive, or just take much needed time out. The next meetings are planned for the following dates (generally on the third Saturday of each month):

- 18 March 2017
- 22 April 2017
- 20 May 2017
- 17 June 2017

The meditation we used at the February meeting was as follows:

Taking Time - Taking Stock

"It is a difficult lesson to learn today, to leave one's friends and family and deliberately practise the art of solitude for an hour, or a day, or a week. For me the break is most difficult

And yet, once it is done, I find there is a quality to being alone that is incredibly precious.

Life rushes back into the void, richer more vivid, fuller than before!"

(A meditation by Anne Morrow Lindbergh taken from Celtic Daily Prayer-From the Northumbria Community)

How often do we pause to take time and to take stock of our situation, rather than just sit there worrying about how things have, or might have, turned out? Taking time to be with God can be a refreshing and life enhancing experience if we can clear our minds of our present worries and concerns for a short while. Focus on God's love for us. He is the good Father who loves us – that's who he is. He loves us, His children, that's who we are.

When we think about healing it's often in relation to time and the time that illness and care take up. It can impact every facet of our life.

"Why hasn't God cured me (or someone else) yet?"

"I don't have time for this now with my illness"

"I can't get an appointment when I need it!"

"I am overloaded with care for my own (or someone else's) situation."

I recently attended a prayer service at which we were encouraged, between the worship songs, to take time out to be with God in short spells of quiet and to listen for His voice. One of the prayer stations included some verses from Ecclesiastes 3 alongside some egg timers and hourglasses, which we could invert and literally watch the "sands of time" running away before us. Thus we were provided with a new opportunity for meditation on the nature and will of God as represented by the passage of time. I found myself thinking about how time is always moving forwards and how it waits for no one. As Ecclesiastes 3 reminds us there is a time for change and a time for things to stay the same. So take time out and reflect on God's love. He is always in control.

Ecclesiastes 3:1 "There is a time for everything and a season for every activity under heaven:" (Taken from The Holy Bible – New International Version)

To finish this thought I will turn to another of the prayer stations I experienced at the same service, which focussed more directly on God's care for us, but once again tells us to come to him in our times of need. Power and hope and healing are to be found in His presence.

Psalm 46:1 & 10

"God is our refuge and strength, an ever-present help in trouble." "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."

(Taken from The Holy Bible – New International Version)

Terry Harper

WESLEY MONTHLY MOVIES

Friday 24th March "Chariots of Fire" 10.30am

This film is the true account of two of our country's finest athletes, Harold Abrahams and Eric Liddell, who train to run the 100-metre sprint in the 1924 Olympic Games. Success brings honour to their nation but for these two runners the honour at stake is personal and their challenge, one from within.

Winner of four Academy Awards including Best Picture, Chariots of Fire is the inspiring story that brought Britain one of its greatest sports victories.

FREE event – Refreshments will be on sale including Rossi ice cream.

HELPING HANDS

The following contacts from our wider church family may be able to help if you are struggling with housework, gardening or odd jobs?

Gardening Services and Odd Jobs	Steve Hockett	07952 058251
Painting, decorating & Odd Jobs	Mark Wiltshire	01702 475089



10 Requests from a Dementia Journeyer

- 1. Please be patient with me Remember that I have an organic brain disease for which I have no control.
- Talk to me Even though I cannot always answer you, I can hear your voice and sometimes comprehend your words.
- Be kind to me For each day of my life is a long and desperate struggle. Your kindness may be the most special and important event of my day.
- Consider my feelings For they are still very much alive within me.
- Treat me with dignity and respect As I would have gladly treated you.
- Remember my past For I was once a healthy, vibrant person full of life, love and laughter with abilities and intelligence.
- Remember my present I am a fearful person who misses my family and home very much.
- Remember my future Though it may seem bleak to you, I am always filled with hope for tomorrow.
- Pray for me For I am a person who lingers in the mists that drift between time and eternity. Your presence may do more for me than any other outreach of compassion you can extend to me.
- Love me The gifts of love you give will be a blessing from which will fill both our lives with light forever.

Author Unknown

www.DementiaJourneys.com Remember Smiles, Love & Laughter

Course

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SPIRITUAL DIRECTION An experiential learning opportunity for those who listen and pray with others

Autumn 2017 - Spring 2019

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The Chelmsford Diocesan House of Retreat, Pleshey, Essex.

Spiritual Direction is a one-to-one ministry of prayer and listening. The Course in Spiritual Direction is an ecumenical one, sponsored by the Anglican and Roman Catholic bishops of the diocese, which has been offered for some twenty years. It is open to lay and ordained Christians of all traditions. It takes place at the Retreat House in Pleshey, a quiet place, offering space for prayerful reflection and spiritual renewal.

The Aim of the Course is to provide an opportunity for course members to grow in spirituality and personal development. Through shared experience, participants will be challenged to a deeper awareness and effectiveness as they help others discover what God is doing in their lives.

The Course Programme runs from September 2017 to March 2019. It includes three residential periods and fourteen whole days. Residential periods will take place as follows: 12-14 Sept 2017; 17-18 Jan 2018; 18-20 Sept 2018. Course Days are usually on the first Thursday of each month. The Day begins at 9.30am and ends at 4.00pm.

Application forms must be completed and returned by <u>15th March 2017</u>, are obtainable from:

Fran McEvoy, Course Administrator 25 Fairmead Avenue, Westcliff-on-Sea, Essex Tel: 01702 330178 email: franmcevoy@hotmail.com.

If you have any questions these can be discussed confidentially with Fran.



LENT 2017: 40 ACTS OF KINDNESS.

ARE YOU JOINING IN?

- So far the theme of the Sunday service taken by me in February has been about this movement.
- Both Leigh section churches are in with us.(some quotes follow at the end)
- Leigh North Street Primary School is committed.
- Cameo House Group are joining in as a group effort.
- Could your House group consider it?
- Does it have to be just for Lent?

The idea is so simple. Lent 2017 starts on Ash Wednesday, March 1st and during the 40 days of LENT individuals and groups are invited to do an act of kindness each day. Some of the charities have picked up the idea, eg The Trussell Trust asks us to consider giving 40p per day to donate to them to help run Foodbanks. Our own Southend Foodbank is supported by the Trussell trust. OXFAM invites us to COUNT OUR BLESSSINGS each day, and donate appropriately. Action for Children is also involved.

QUOTES from discussions in church. Tell our friends and family how much they mean to us. Give extra time to those in need. Ask someone if they need any help. More phone calls. Not just for Lent.

Not to give up things for Lent but to major on things we can do. EVEN IF ONLY SOME OF US PICK UP THIS IDEA IT CAN ONLY DO MORE GOOD IN OUR TROUBLED WORLD. PLEASE CONSIDER.

This article will continue to be updated as more commitments are made and the idea snowballs. I see this as an opportunity for OUTREACH work and increasing links with our local community.

- As at 20.2.17 the Wesley Playgroup are involved and it fits in so well with their own "kind hands" work. Already Jody and Amanda have ideas and will make a display of the children's own ideas and involve every child.
- One teacher from Wesley intends to do it with her own Primary school class.
- One couple have already started and ticked off four acts, but intend to do lots more.
- The manager of the Sarah Moore pub. is going to offer help to the Age Concern community club and Lin Boulter from Age Concern will follow through this link.
- Someone has signed up to the Jo Cox Commission on Loneliness and will follow the suggestions made. Quote; "It begins with one word, HELLO".

Eileen Simmons

WESLEY PRAYER CHAIN

A prayer chain is a way for people to gain God's assistance through prayer for any need by permitting the intercessor to pray as Jesus prayed. It is interceding or praying on behalf of one another.

We use it at Wesley to pray for the needs and emergencies of our church family, friends and those close to us in the community.

Telephone anyone below and they will set off the chain. Gabrielle Greenway 557071 mob 07554884780 Susan Mthimkulu mob 07454011257 Isobel Wratislaw 557764 mob 07508164525 Steve Hockett 478772 mob 07952058251 Jane Fulford Linda Lister June Childs 711891 Vivien Threadgold Miriam Gifford 716175 Alison Newnham 621343 mob 07863954388 "Pray without ceasing" 1 Thessalonians 5: 17

HEAVEN'S GROCERY STORE

I was walking down life's Highway a long time ago One day I saw a sign that read, "Heaven's Grocery Store". As I got a little closer the door came open wide. And when I came to myself, I was standing just inside.

I saw a host of Angels, they were standing everywhere. One handed me a basket, and said, "My child, please shop with care? Everything a Christian needed was in that Grocery Store. And all you couldn't carry you could come back the next day for more.

First I got some patience. Love was in the same row. Further down was understanding you need that everywhere you go. I got a box or two of Wisdom, a bag or two of Faith. I just couldn't miss The Holy Ghost, for it was all over the place.

I stopped to get some Strength and Courage to help me run this race. By then my basket was getting full, but I remembered I needed Grace. I didn't forget Salvation, for Salvation that was free!. So I tried to get enough of that to save both you and me.

Then I started up to the counter to pay my grocery bill. For I thought I had everything to do my Father's will. But as I went up the aisle I saw Prayer and I just had to put that in. Peace and Joy were plentiful; they were on the last shelf. Song and Praise were hanging near, so I just helped myself.

Then I said to the Angel, "How much do I owe"? He smiled and said, "Just take your basket wherever you may go" Again I looked at him and said, "How much do I owe"? He smiled again and said, "My child, Jesus paid your bill a long long time ago."

> Author: Unknown (submitted by Majorie Charnock)

Age Concern Community Club Wesley Methodist Church Elm Rd Leigh Tuesdays 2 – 4pm

Dates for the Diary

Tues 7 th	Mar Soup - Lunch . Wesley 12.30 . 2.30 Soup, French bread/butter, sponge pudding and custard, tea and coffee. £5 advance payment.		
Tues 14	th Mar	^h Mar Speaker, Antarctic, South Georgia and Falklands. Donations welcome Wesley	
Tues 21	st Mar	Van Looyo Clifftown Rd, Southend. Lunch 12.30 . £1 registration fee. Pay at venue, no deposit required.	
Tues 28	th Mar	Quiz and games Wesley	
Every	3rd Tue	sday of the month we have lunch out Club closed	
	[
	Registered (Commi providi	ing services make a difference	
Would you be able to spare a couple of hours a week to join our fantastic team of volunteers?			
	We urgently need volunteer befrienders and drivers		
	to meet an increased demand in all services		
	YOUR CONCERN • OUR CONCERN • AGE CONCERN		
	For more information, please call 01702 345373 or pop into the office for a chat		
		134 Hamlet Court Road, Westcliff on Sea, Essex SLO 7LN 01702 345373 www.acsos.co.uk	

SUNDAY 5 th MARCH		UNITED SERVICE WITH HIGHLANDS
	11.00am	Preacher: Rev Julia Monaghan Porch: Margaret Buckey
	4.00pm	CIRCUIT SERVICE - Accreditation Service
		of Mrs Sue Hockett, Local Preacher
Mon 6th	10.00am	Wesley Art Group
Tues 7th	12.30pm	Age Concern Community Club
	2.00pm	LENT course starts Wesley church sanctuary
Wed 8th	9.00 am	Midweek Communion - Belfairs
	10.00am	Parent & Toddler
	2.30pm	Talking Poetry L / A Limerick (or two)
Thurs 9 th	6.00pm	Fusion Youth & Kids
Fri 10 th	2.00pm	Table Tennis 60+
Sat 11 th	10.00am	Coffee Morning
	11.30am	Time for Prayer
SUNDAY 12 th MARCH		

	9.00am	Communion
	11.00am	Preacher: Mrs Eileen Simmons
		Porch: Shirley Mavin
Mon 13 th	10.00am	Wesley Art Group
Tues 14 th	2.00pm	Age Concern Community Club
	2.00pm	LENT course week 2 - Wesley church sanctuary
Wed 15th	9.00am	Midweek Communion – Wesley
	10.00am	Parent & Toddler
Thurs 16th	6.00pm	Fusion Youth & Kids
Fri 17th	2.00pm	Table Tennis 60+
Sat 18th	10.00am	Coffee Morning
	11.30am	Time for Healing

SUNDAY 19th MARCH

	11.00am	Preacher: Rev Julia Monaghan
		Porch: Joy Milner
	12.30pm	Church Annual Meeting
Mon 20th	10.00am	Wesley Art Group
	2.00pm	Memory Worship; Worship for those with
		and without Dementia
Tues 21 st	2.00pm	LENT course week 3 - Wesley church sanctuary
Weds 22nd	10.00am	Parent & Toddler
	2.30pm	Talking Poetry M / Mother or Marriage
Thurs 23rd	6.00pm	Fusion Kids/Fusion Youth
Fri 24 th	10.30am	Wesley Movie Morning
		"Chariots of Fire"
	2.00pm	Table Tennis 60+
Sat 25th	10.00am	Coffee Morning
	11.30am	Time for Prayer
SUNDAY 26 th MARCH		MOTHERING SUNDAY
	11.00am	Preacher Rev Brian Gameson
		Porch: Jocelyn Greenway
Mon 27th	10.00am	Wesley Art Group
Tues 28th	2.00pm	Age Concern Community Club
	2.00pm	LENT course week 4 - Wesley church sanctuary
	8.00pm	Informal Worship
Thurs 30 th	6.00pm	Fusion Kids/Fusion Youth
Fri 31st	2.00pm	Table Tennis 60+
Sat 1 st	10.00am	Coffee Morning
	11.30am	Time for Prayer

FORWARD EVENTS

Sat 11th March10.30am-3.30pmQuiet Day @ Wesley Methodist Church
Walking with God, a spiritual reflection.Sat 22nd JulyALLEGRO in concert @ Wesley

APRIL CLARION

Items for the April Clarion should be emailed to julie.peek@hotmail.co.uk or placed in the folder outside the vestry by **SUNDAY 19th MARCH 2017**



Wesley Methodist Church is a member of Southend and Leigh Circuit www.southendandleigh.org

and part of the Beds, Essex and Herts District of the Methodist Church

A dementia-friendly community is a city, town or village where people with dementia are understood, respected and supported and confident they can contribute to community life.

